



How To Care For The Planet By Becoming Litter Picking Stars

Everyone can help to tackle the problem of litter. Countrystyle Recycling wants to educate and inspire schools and community groups to run litter picks in their local areas.

MORE THAN 2 MILLION PIECES OF LITTER ARE DROPPED IN THE UK EVERY DAY COSTING OVER £1 BILLION A YEAR.

As well as looking unsightly, litter is a form of pollution and causes potential danger to people, wildlife and habitats.

Organising Your Litter Pick

When organising your litter pick make sure you have assessed all the risks that you and your volunteers might come across. Countrystyle recommend that you use the **KEEP BRITAIN TIDY** template risk assessment which accompanies this guide.

Think about your location, stay away from busy highways, always have an adult in charge of the litter pick, and make sure you wear something bright like a high-vis jacket so you can be easily seen.

Your Litter Picking Kit should include the following:



Hoop



Bags



Grabbers



High Vis



Gloves

Before starting your litter pick, make sure you consider the following health and safety points which are important to ensure everyone taking part stays safe and has a fun time.

- ✔ Do not touch the litter with your bare hands, make sure you wear gloves and use the litter picker tools provided.
- ✔ Do not touch your face with gloves on.
- ✔ Alert an adult if anything sharp or dangerous (e.g., broken glass, animal faeces etc. is found and do not touch it).
- ✔ Stay within the area specified for your litter pick.
- ✔ Wash your hands when the litter pick is finished.

When you have finished the litter pick, take all the rubbish collected back to a secure area and make sure each item gets placed in its correct place – either the recycling bin or rubbish bin.



How To Help Collect Important Data As Well As Litter.



Litter Tally

Work in pairs, with one collecting the litter and the other keeping a tally of what was found. You can then use the results to create graphs and work out what the worst offenders are litter wise.

Groups could be asked to work in different areas so you can find out whether certain parts of the school grounds are worse than others.

Litter Sort

After the litter has been collected, instead of placing it straight into the correct bins, weigh it all to find out how much there was. You could then empty it out onto a plastic sheet (or similar) on the floor and sort it into different item types or 'recycling' and 'non-recycling'.



Don't Forget The 5 R's

Refuse • Reuse • Recycle
Repurpose • Reduce

What Can You Do To Help Your School Stay Litter Free?



How To Dispose Of The Litter You Pick



If you have contacted Countrystyle to help you with your litter pick, we can organise collecting the waste you have picked from an agreed location. Otherwise you should ideally separate your litter into 2x bags Plastics & Aluminium Cans and General Waste (all other litter) and place this with your School or Parish Council collection bins.

To find out more about the 5 R's Refuse, Reduce, Reuse, Repurpose and Recycle please visit our website.

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